



The ADHD Resource Group of Northern Virginia is a 501 (c) (3) Education Charity.

**Independent professionals supporting families and individuals
dealing with the impacts of ADHD/ADD/E.F. challenges**

www.adhdnova.org 703-738-9984 adhdgrp@verizon.net

**ADHD/Academic/Life
Executive Function Coaches**

Rachel Bailey, M.A., CPDPE
Redefining Perfect Parenting
Sterling (703)309-9131
Rachel@Rachel-Bailey.com
www.Rachel-Bailey.com
-Parenting Coach
-Parent Training

Ron Bashian, M.D.
Validation Coaching, LLC
Arlington (703)403-5134
ronsb@msn.com
www.validationcoaching.com
-ADHD and Life Coach
-Pediatrician (Retired)
Teens-Adults

Kathryn Essig, M.Ed.
The StudyPro
McLean (571) 321-5800
Kathy.Essig@TheStudyPro.com
www.TheStudyPro.com
-Executive Function Coaching
-Study Skills Course for 6th-12th
-Coach-Supported Homework Center

Julie Gray, PCOC, PCC
Profound Impact, LLC
Middleburg (703) 517-2449
Julie@profound-impact.com
www.profound-impact.com
-Procrastination and Productivity
-Stress and Anxiety Management
ADHD Students and Adults

*****Mary Guckert, MSED, Psy., Ph.D.,**
Back on Track, LLC
Fairfax Station (703)930-0367
mary.guckert@gmail.com
maryguckert.com
-Executive Function/ADHD Coach
-Special Ed. Consulting (IEP/504)
-College & Adult Transitions
-Academic Writing & Coaching
-Parent Coaching

Faith Halter, PCC, ABMCP, JD
Insightful Transitions
Arlington, (703)358-9489
faith@insightfultransitions.com
www.insightfultransitions.com
-ADHD/Executive Coach (Adults)
-ADHD Parent/Family Coaching
- Adults & Adolescents

Crista Hopp, M.A.
**Connected Pathways
Coaching**
Herndon, (703)435-6307
crista@connectedpathwayscoaching.com
www.connectedpathwayscoaching.com
-ADHD Coach
Child & Teen

Patricia M. Hudak, BBA, CPC, PCC
**PathFinder Coaching &
Tutoring, LLC**
Burke (703)455-6236
Pathfinder0257@aol.com
www.pathfinder-coaching-tutoring.com
-ADHD Academic & Life Coach
-Tutoring and Test Prep
Teens - Adults

Mark Julian, CPCC
**Clearview Consulting &
Coaching, LLC**
Fairfax (703)362-2100
mark@markjulian.com
www.clearviewcoach.com
-ADHD Coaching
-Business/Leadership Coach
Adolescent-Adult

*****Hervé LeBoeuf, PhD**
The Focused Mind, LLC
HLeBoeuf@gmail.com
Springfield (571) 336-6057
-AD/HD and Life Coaching
-Parent /Teacher Training
Adolescent to Adult

Suzanne Leon, M.Ed, CPC
A Positive ADDitude
Ashburn (571)246-2614
suzanne@apositiveadditude.com
www.apositiveadditude.com
-ADHD/ EF Coach
-College and Young Adults

Bonnie Little, MAS, ACC
Winding Road Coaching
East Loudoun & West Fairfax areas
571-306-2932
blittle@windingroadcoaching.com
www.windingroadcoaching.com
-ADHD and Life Coaching
-Middle School – Adult

Marcia J. McKinley, JD, PhD, LPC.
Advancing Inspired Minds
Herndon & MD (703)713-2442
drmarciajmckinley@gmail.com
www.MarciaJMcKinley.com
-Individual & Family Counseling
-ADHD coaching
-Gifted and Twice Exceptional

Lindsey Moore, LCSW
Psych Ed Connections
Alexandria (703)489-1892
LMooreLCSW@gmail.com
www.psychedconnections.com
-ADHD coaching
-Therapist

Caryn D. Reedy PCC, CPCC, SPHR
Fast Forward Change
Centreville (703)675-0651
Caryn@FastForwardChange.com
www.FastForwardChange.com
-ADHD, Career
& Leadership Coaching
Teens, College and Adults

*****Anne S. Roberts, M.A.**
BrainRelief, LLC
Falls Church (703) 641-8940
coach@brainrelief.org
www.brainrelief.org
-Underachieving Gifted
-Executive Functioning Skills
Twice Exceptional Teens

Beth Schell
A2S Coaching, LLC
Oakton (703)622-8530
Beth@A2Scoaching.com
-ADHD/EF Coaching
5th grade- College,
Parents-ADHD & Autism

Jo Ann Skinner, PCC, ACAC, BCC
Jo Ann Skinner Coaching
(910) 769-2509 (Virtual Only)
joann@joannskinner.com
www.joannskinner.com
-ADHD & Life Coaching
Teens, College and Adults

Linda Swanson, MA, PCC, PCAC
Free to be Coaching
Fauquier and Prince William
(703)508-4774
linda@freetobecoaching.com
www.freetobecoaching.com
ADHD & Life Coaching
M.S-College; Adults & Couples

Neil Swanson, MDiv, ACC, CACP
Free to be Coaching
Fauquier and Prince William
(703)509-5377
neil@freetobecoaching.com
www.freetobecoaching.com
-ADHD & Life Coaching
M.S-College; Adults & Couples

Abigail Wurf, M.Ed., PCC
Abigail Wurf Coaching, LLC
DC, MD (202)674-1025
Abigail@abigailwurf.com
www.abigailwurf.com
-ADHD and Life Coaching
-Couples Coaching
-Executive Coaching

Academic Tutoring/Testing

Ann Dolin, M.Ed.
Educational Connections, Inc.
Metro DC area (703) 934-8282
ann@ectutoring.com
www.ectutoring.com
-Tutoring
-Academic Coaching
-Test Preparation
Kindergarten thru Adult

*****Cheryl Gedzelman, MA**
Tutoring For Success, Inc.
Metro DC area (703) 390-9220
Cheryl@tutoringforsuccess.com
www.tutoringforsuccess.com
-Tutoring/Test Preparation
-Advocacy for school services
Kindergarten thru Adult

Rajni Rao
Brave Math LLC
Metro DC area (703)232-3313
conquerthemathtmonster@gmail.com
-Math Foundations
-Executive Function
1st grade to Algebra II

*****Paul Rivas**
SMITH RIVAS
Metro DC area (202)615-7791
Paul@SmithRivas.com
www.SmithRivas.com
-Study Skills
-Academic Coaching

**Education Consultants/
Education Advisors &
Advocates –K-12 & College**

*****Catherine Adams, M.C. Np**
C. Adams Consulting , LLC
Fairfax (571) 405-3051
adamsadhdconsult@verizon.net
www.adamsadhdconsult.com
-Parent Consultations /Training
- Education Consulting
- Education Advocacy Supports
Adults, Parents & Teachers

Judith S. Bass, CEP
Bass Educational Services, LLC
Vienna VA , MD(703)462-9299
info@BassEducationalServices.com
www.BassEducationalServices.com
-Certified Educational Planner
-College/Postsecondary Plans
-College-bound with ADHD/LD
-K-12 School Placement
-Test Prep

Leigh Ann Cahill, M.Ed.
Independent School Options
Alexandria (703) 671-8316
LCahill@independentschooloptions.com
www.independentschooloptions.com
K – 12 Education Placement
-SSAT testing
-Metro DC area
Pre-K – 12th

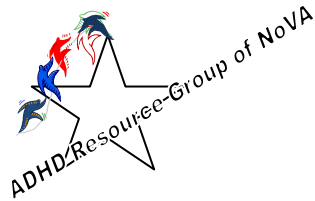
Karyn Ewart, Ph.D.
The Sycamore School
Arlington (703)350-8197
karyn.ewart@thesycamoreschoolva.org
www.thesycamoreschoolva.org
-Specialized Private School
Middle School (6th-8th)

Fusion Academy Alexandria
Callie Dyer, Dir of Admissions
Alexandria (703)535-3130
cdyer@fusionacademy.com
www.fusionalexandria.com
-Specialized Private School
Middle – High School

Fusion Academy Tysons
Anne-Marie Stripling
Dir of Admissions
Vienna, VA (703) 448-0350
www.fusiontysons.com
-Specialized Private School
Middle – High School

Robyn Honiberg
Special Education Advocate
Metro DC area (703)295-0844
robyn.honiberg@cox.net
www.specialeducationadvocates.net
-Education Consulting and Advocacy
Early childhood – High school

Mary Lou Sullivan, M.Ed
MLS Educational Consultants
McLean (703)356-0780
marylou@mlstutors.com
www.mlstutors.com
-Tutoring all academic areas
-Gateway tests./,PSAT/SAT
-ACT/Praxis, ISEE tutoring



The ADHD Resource Group of Northern Virginia is a 501 (c) (3) Education Charity.

Independent professionals supporting families and individuals dealing with the impacts of ADHD/ADD/E.F. challenges

www.adhdnova.org 703-738-9984 adhdgrp@verizon.net

Assessments/Evaluations

Diana Dahlgren, Ph.D
Licensed Clinical Psychologist

Fairfax, (703)273-5653
dianadahlgren@verizon.net
www.drDianaDahlgren.com
-Psych Testing & Evaluations
-Therapy Services

Shira Gottlieb, Psy.D
Gottlieb Child Psych, PLLC

Falls Church, (703)825-0502
shira@gottliebchildpsych.com
www.gottliebchildpsych.com
-Psych Testing & Evaluations
-Therapy Services

Maria V. Kanakos, Psy.D.,
FamilyFirst Psychological Services

Vienna (703)938-9090
mkanakos@familyfirstva.com
www.familyfirstva.com
-Individual & Family Counseling
-Psych Testing & Evaluations

Virginia Lindahl, Ph.D.,
Licensed Clinical Psych.

Alexandria (703)340-1667
vlirginia@virginalindahl.com
www.virginalindahl.com
-Psych Testing & Evaluations
-Therapy Services

Peter J. Thaxter, Ph.D.
Center for Psychological Assessment and Consultation, PC

Fredericksburg(540)698-0003
info@fredericksburgassessment.com
www.fredericksburgassessment.com
-Psych Testing & Evaluations

Maria Zimmitti, Ph.D
Georgetown Psychology Associates

McLean,VA, DC, MD
(703)556-6655
drzimmitti@georgetown-psychology.com
www.georgetown-psychology.com
-Individual & Family Counseling
-Neurofeedback Services
-Psych Testing & Evaluations

Treatment and Therapy

Teri Brooks, Ph.D., BCBA
Behavior Solutions for Children & Families, LLC

McLean, (802)380-1713
drterib@gmail.com
www.behaviorsolutionsvt.com
-Parent Coaching
-Evaluations

Laurie Chuba, OTR/L
Learning Integrations

Herndon (703) 579-0988
lauriechuba@gmail.com
www.learningintegrations.com
-Learning Integration
-Pediatric Occupational Therapist

*****Sandy Fallon, SLP**
Speech Language Therapist

Alexandria/Fairfax(443)307-3367
sfallonsp@gmail.com
-Speech Therapy
-Parent Coaching

Mark Gardner, LCSW
Nurture Child and Family, PLLC

McLean (703)655-7694
Mark@NurtureChildandFamily.com
www.NurtureChildandFamily.com
-Early childhood treatment
-ADHD assessment
-Preschool – age 12

Sarah Hover, Ph.D.
Licensed Clinical Psychologist

Fairfax (703) 938-5234 # 5
info@hoverpsych.com
www.hoverpsych.com
-Ind. & family counseling
-Pre-school-Adult Services

Treatment & Therapy (continued)

Marcia J. McKinley, JD, PhD, LPC.

Advancing Inspired Minds
Herndon & MD (703)713-2442
drmarciaimckinley@gmail.com
www.MarciaJMcKinley.com
-Individual & Family Counseling
-ADHD coaching
-Gifted and Twice Exceptional

Deborah O'Brien
Fairfax Therapy Solutions

Fairfax (703)899-8222
Deborah@fairfaxtherapysolutions.com
www.DeborahOBrienLCSW.com
-Therapy ADHD, Anxiety
-Divorce Challenges
-Anger management & Behaviors
-Addictions
-Child - Adult

Amy Fortney Parks, PhD,LPC
Wise Mind Solutions, LLC

Springfield/Alexandria
(844)947-3326
info@thewisefamily.com
www.thewisefamily.com
-ADHD Counseling
-Parent Coaching
-ADHD Assessment
-COGMED/ACTIVATE

The Ross Center
Avy Stock, Psy.D.

Vienna (703)687-6610
AStock@rosscenter.com
www.rosscenter.com
-Therapist for ADHD
-CBT
-Medication Management
Child – Adult

Laurie Stern, Psy.D

The Ross Center
VA/DC 202-363-1010 ext.117
LStern@rosscenter.com
www.rosscenter.com
-Therapist for Anxiety
-CBT
Child-Young Adult

Specialized Consulting & Counseling Services

Maureen Loftus, Director
LearningRx

Reston (703) 689-0003
mloftus@learningrx.net
www.learningrx.com/reston
-Brain Training & Rehabilitation
Child-Adult

Jon Thomas, Ed.D
The AD/HD College Success Life Solutions Counseling Group

Fairfax (703)425-5200
jthoma3540@aol.com
www.adhdcollegesuccess.com
-Counseling
-College & Adult Transitions
High School - Adult

Scott Wilbur, Director
Next Level Transition Consulting

Alexandria (571)332-2992
scottwilbur@nextleveltransition.com
www.nextleveltransition.com
-Post High School Transitions
-Career Exploration & Planning
High School - Adult