



Independent professionals supporting families and individuals dealing with the impacts of ADHD

703 738-9984 www.adhdnova.org

The ADHD Resource Group of Northern Virginia is a 501 (c) (3) Education Charity.

ADHD/Academic/Life & Organization Coaches

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Redefining Perfect Parenting
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Rachel@Rachel-Bailey.com
www.Rachel-Bailey.com
-Parenting Coach
-Parent Training

Ron Bashian, M.D.
Validation Coaching, LLC
Arlington (703)403-5134
ronsb@msn.com
www.validationcoaching.com
-ADHD and Life Coach
-Pediatrician (Retired)
Teens-Adults

Kathryn Essig, M.Ed.
The StudyPro
McLean (571) 321-5800
Kathy.Essig@TheStudyPro.com
www.TheStudyPro.com
-Executive Function Coaching
-Study Skills Course for 6th-12th
-Coach-Supported Homework Center

Julie Gray, PCOC, PCC
Profound Impact, LLC
Middleburg (703) 517-2449
Julie@profound-impact.com
www.profound-impact.com
-Procrastination and Productivity
-Stress and Anxiety Management
ADHD Students and Adults

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Back on Track, LLC
Fairfax Station (703)930-0367
mary.guckert@gmail.com
maryguckert.com
-Executive Function/ADHD Coach
-Special Ed. Consulting (IEP/504)
-College & Adult Transitions
-Academic Writing & Coaching
-Parent Coaching

Faith Halter, PCC, ABMCP, JD
Insightful Transitions
Arlington, (703)358-9489
faith@insightfultransitions.com
www.insightfultransitions.com
-ADHD Coach
-Executive Coaching
-NeuroMovement® Coach
-Teens - Adults

Crista Hopp, M.A.
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-ADHD Coach
Child & Teen

Patricia M. Hudak, BBA, CPC, PCC
PathFinder Coaching & Tutoring, LLC
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Pathfinder0257@aol.com
www.pathfinder-coaching-tutoring.com
-ADHD Academic & Life Coach
-Tutoring and Test Prep
Teens - Adults

Mark Julian, CPCC, ACC
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Fairfax (703)362-2100
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-ADHD Coaching
-Business/Leadership Coach
Adolescent-Adult

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-AD/HD and Life Coaching
-Parent /Teacher Training
Adolescent to Adult

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-ADHD and Life Coaching
-Middle School – Adult

Marcia J. McKinley, JD, PhD, LPC.
Advancing Inspired Minds
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www.MarciaJMcKinley.com
-Individual & Family Counseling
-ADHD coaching
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www.psychedconnections.com
-ADHD coaching
-Therapist

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Centreville (703)675-0651
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www.FastForwardChange.com
-ADHD, Career & Leadership Coaching
Teens, College and Adults

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Twice Exceptional Teens

Beth Schell
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-ADHD/EF Coaching
5th grade- College,
Parents-ADHD & Autism

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Kids Building Selves, LLC
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Jo Ann Skinner, PCC, ACAC, BCC
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-ADHD & Life Coaching
Teens, College and Adults

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ADHD & Life Coaching
M.S-College; Adults & Couples

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-ADHD and Life Coaching
-Couples Coaching
-Executive Coaching

Academic Tutoring/Testing

Ann Dolin, M.Ed.
Educational Connections, Inc.
Metro DC area (703) 934-8282
ann@ectutoring.com
www.ectutoring.com
-Tutoring
-Academic Coaching
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Kindergarten thru Adult

Cheryl Gedzelman, MA
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Metro DC area (703) 390-9220
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Education Consultants/ Education Advisors & Advocates –K-12 & College

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-Parent Consultations /Training
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Adults, Parents & Teachers

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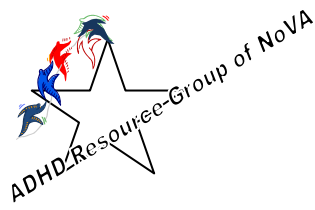
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Independent School Options
Alexandria (703) 671-8316
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-P-K – 12 Education Placement
-Metro DC area
Pre-K – 12th

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-Specialized Private School
Middle – High School

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-Specialized Private School
Middle – High School

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-College/Postsecondary Plans
-College-bound with ADHD/LD
Students and Parents



Assessments/Evaluations

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-Psych Testing & Evaluations
 -Therapy Services

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-Psych Testing & Evaluations
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-Individual & Family Counseling
 -Psych Testing & Evaluations

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 Preschool-Adult

Treatment and Therapy

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 -Pediatric Occupational Therapist

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 -Therapist

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 -Preschool – age 12

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 -Pre-school-Adult Services

Treatment & Therapy (continued)

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 -ADHD; Autism; LD

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 High School - Adult

Scott Wilbur, Director

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